

# MOODLE - the CEU submission center

## The Path of Documenting Continued Education Units in the Advancing Field of Reflexology

Continued Education is a hallmark of quality health care. It is something professional peers recognize when making referrals and insurance providers acknowledge in conjunction with higher level quality care. This is a trend we want to continue to inspire as more reflexology insurance inclusion on extended health care packages increases the affordability of our care for more and more clients.

RRCO is at it's first and long-awaited time for submissions of Continuing Education Units (CEU) using a Moodle interface to support ease of use, ease for tracking, and accessibility for its membership and administrators. *Creating cost effective systems is part of the RRCO's commitment to maintaining low membership fees while demonstrating excellence in its operations. Moodle was selected as a financially viable addition to the RRCO administration systems, which can be transitions between different committee volunteers over the years. Organized, sustainable administrative systems are important in volunteer agencies to improve consistency regardless of changes in who operates/maintains them.*

Moodle is a free interface used by many public and private colleges for courses, including on line quizzes and assignment submissions. We have created a CEU submission system based on this capability.

As with any first-generation launch, there is an open door for technological assistance, questions and feedback. We anticipate there may need to be tweaks in how we guide members through the interface or in other aspects of the submission process. Due to the high volume of submissions initially, we ask for your patience as minimal volunteers attempt to support any and all members needing assistance.

Recently the RMT's of Ontario, (whom CEU framework the RRCO CEU program is based from,) are undergoing an overhaul of their CEU framework. Thousands of RMT's have participated in feedback shaping the redesign of their Continuing Education Unit submission system.

The College of Massage Therapists of Ontario (CMTO) produced a video to explain their redevelopment to better support "mastery" level skill development in their field, rather than simply entry level to practice proficiencies. While the 15 proposed standards have meaningful application for the RMT's, it is felt for the needs of RRCO practitioners at this time are served best through our current CEU framework.

So, how is this going to work?

- 1) You have been registered in the RRCO Moodle, and will receive a notification, inviting you to the RRCO Moodle. \* If you have not received an email by the Monday evening following the AGM – PLEASE CHECK YOUR SPAM! It is important to "allow" moodle emails to go to your inbox.
- 2) You can access both of the 2 "courses". One is for submitting your CEU's. The other is the RRCO mandatory reading database, (that you receive 5 CEU's for completing). This allows you

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*If you are interested in becoming part of the CEU committee, please contact robynne kingswood who will be happy to train you on this system.*

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to view any of the mandatory articles and the article questions from the past 5 years you may have missed.

- 3) Please submit an account of your CEU activities since the programs launch in 2013 in the “CEU submissions” section.
- 4) You will receive confirmation of your CEU submissions (as soon as reasonably possible, based on the volume of submissions at the time you submitted) to confirm you have met the minimum required hours for this cycle’s CEU requirements.
- 5) Once the initial CEU cycle has been processed, the next 5-year cycle will appear, and you can submit the next cycle (2019 – 2024) units as you complete them, thus reducing end of cycle stress for next time.

Feedback is always welcome, and we thank members for their valued contributions to the growth and development of excellence in our field. It is expected there will be development aspects between this initial launch and the following cycle.

A trouble shooting video has been created to assist you in your first submission. You will see it as an icon below this PDF, but above the “submission” icon.

Unlike the other 4 CEU articles, where you submit answers to questions – the active process of exploring and using the moodle and your feedback on that process is the requested submission of your credits for this reading.

Thanks everyone!

The Continuing Education committee